

WEEK 2: "THE STORY OF YOUR PHYSICAL LIFE"

Jesus: "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls."

Matthew 11:28-29. (NLT)

THE SIGNS OF SOUL FATIGUE

A Constant Sense Of Feeling _____.

A Difficulty In _____.

A Surplus Of _____, *But A Deficit Of* _____.

A Sense of Stagnation Or Superficiality In My _____.

A Decreased Ability To _____!

"The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul;" Psalm 23:1-3 (NASB)

4 CHOICES THAT YOU CAN MAKE THIS WEEK THAT WILL TRANSFORM THE PHYSICAL YOU

1. "The Lord is my Shepherd." The Choice - _____

2. "I shall not want." The Choice - _____

3. "He makes me lie down in green pastures." The Choice - _____

4. "He leads me beside quiet waters." The Choice - _____

5. The Result - "He restores my soul."

this week's memory verse:

"The Lord is my shepherd, I shall not want. He makes me lie down in green pastures; He leads me beside quiet waters. He restores my soul;" Psalm 23:1-3